



Who's That in the Mirror?

You're My Baby: Put on "Them There Eyes" and enjoy this special love song as you dance and twirl around the room with your little one. Use the lyrics as an opportunity to teach your baby where his eyes are—and where Mommy and Daddy's eyes are, too. Dance by a mirror hanging on the wall and see who's there—and find their eyes as well!

Another Way to Play: If you have a child-safe hand mirror, have fun making faces together while you hold your child on your lap. (Or just spend some extra time at the bathroom or dresser mirror.) Encourage your child to watch in the mirror as you make a variety of simple sounds: "mmmmm," "bah-bah-bah-bah," or a nice loud raspberry. Can he copy your lips to make the same sounds?

As If Having Fun Isn't Enough: Listening to special lullabies and love songs creates an opportunity to strengthen the bond between parent and child. Dancing and cuddling as you listen helps your child feel even more secure. And basic sounds and syllables are the building blocks for more complex language development. Playing with these simple sounds in the mirror helps develop listening and language skills.



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